

# What We Do



QUEEN'S  
UNIVERSITY  
BELFAST

STAFF  
WELLBEING

WELLBEING  
PROGRAMME OF  
EVENTS

HEALTH &  
WELLBEING PLAN

INSPIRE SERVICES  
(EMPLOYEE  
ASSISTANCE  
PROGRAM)

STAFF WELLBEING  
CHOIR

QUB PHYSICAL  
ACTIVITY  
PROGRAMME

QUB ACTIVE  
CAMPUS

OCCUPATIONAL  
HEALTH