

Courses	Videos
Being a Good Mentee	Coaching and mentoring
	<u>Mentor</u>
	Connecting with a mentor
	Building confidence as a mentee
	Characteristics of a successful mentee
	Building trust with your mentor
	Building confidence as a mentee
Mentoring Others	Be a mentor
Why Mentoring Matters	Getting a mentor and being a mentor
	Coaching versus mentoring
	Start your mentoring relationship