**N. Ireland Cancer Registry**

**Implications of Research for Services**

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|  | NICR Lead Author      *(Office use only)* |
|  | Paper ID      *(Office use only)* |
|  | Date Submitted to NICR Steering Group Click here to enter a date.*(Office use only)* |
| **Paper Title** | 'Very difficult for an ordinary guy': Factors influencing the quality of treatment decision-making amongst men diagnosed with localised and locally advanced prostate cancer: Findings from a UK-wide mixed methods study. |
| **Authors** | Wagland R, Nayoan J, Matheson L, Rivas C, Brett J, Downing A, Wilding S, Butcher H, Gavin A, Glaser AW, Watson E |
| **Journal** | Patient Education and Counselling |
| **DOI** | doi: 10.1016/j.pec.2018.12.004 |
| **Funders** | Movember Foundation in partnership with Prostate Cancer UK |
| **Full paper available online** | YES [x]  NO [ ]  NOT YET [ ]  |
| **Conclusion** | Increasingly men with a diagnosis of Prostate Cancer are involved in decision making with their clinicians about treatments etc. However not all men are comfortable with this. Unchallenged preferences, absence of clinical recommendations and inadequate preparation for side-effects sometimes led to decision regret.  |
| **What this means for the service** | Treatment Decision Making (TDM) should involve men exercising preferences and priorities in discussion with clinicians. Men are not empowered when expected to take more TDM responsibility than desired, when provided with conflicting recommendations, or when their potentially inappropriate preferences are unchallenged. Clinicians should ensure patients do not receive conflicting recommendations. |